Unit 1: Getting started

Module 1.1 Overview of the SUNRISE eLearning Course

SUNRISE

Sustainable Urban Neighbourhoods Research and Implementation Support in Europe

eLearning

(Source: https://www.eltis.org/resources/photos/european-mobility-week-2017-granada-cyclists)

SUNRISE e-course: Co-creating sustainable mobility at the neighbourhood level

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 635998

Welcome …

… to the e-course of the EU-funded SUNRISE project! This acronym stands for **S**ustainable **U**rban **N**eighborhoods **R**esearch and **I**mplementation **S**upport in **E**urope. The project's (and hence the course's) two main foci are:

- the neighbourhood as geographical unit of activities and
- co-creation as a specific type of process.

With this course, we aim to demonstrate how you can use co-creation principles to start transorming your own neighbourhood(s) into more vibrant, livable spaces for all people who live, move, shop, attend schools, relax in them.



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(Image Sourcehttps://abeon-hosting.com/neighborhood-png.html/)

Our experience

You will have the opportunity to learn directly from our experience in the neighbourhoods within the six SUNRISE Action Cities:

Bremen (DE),

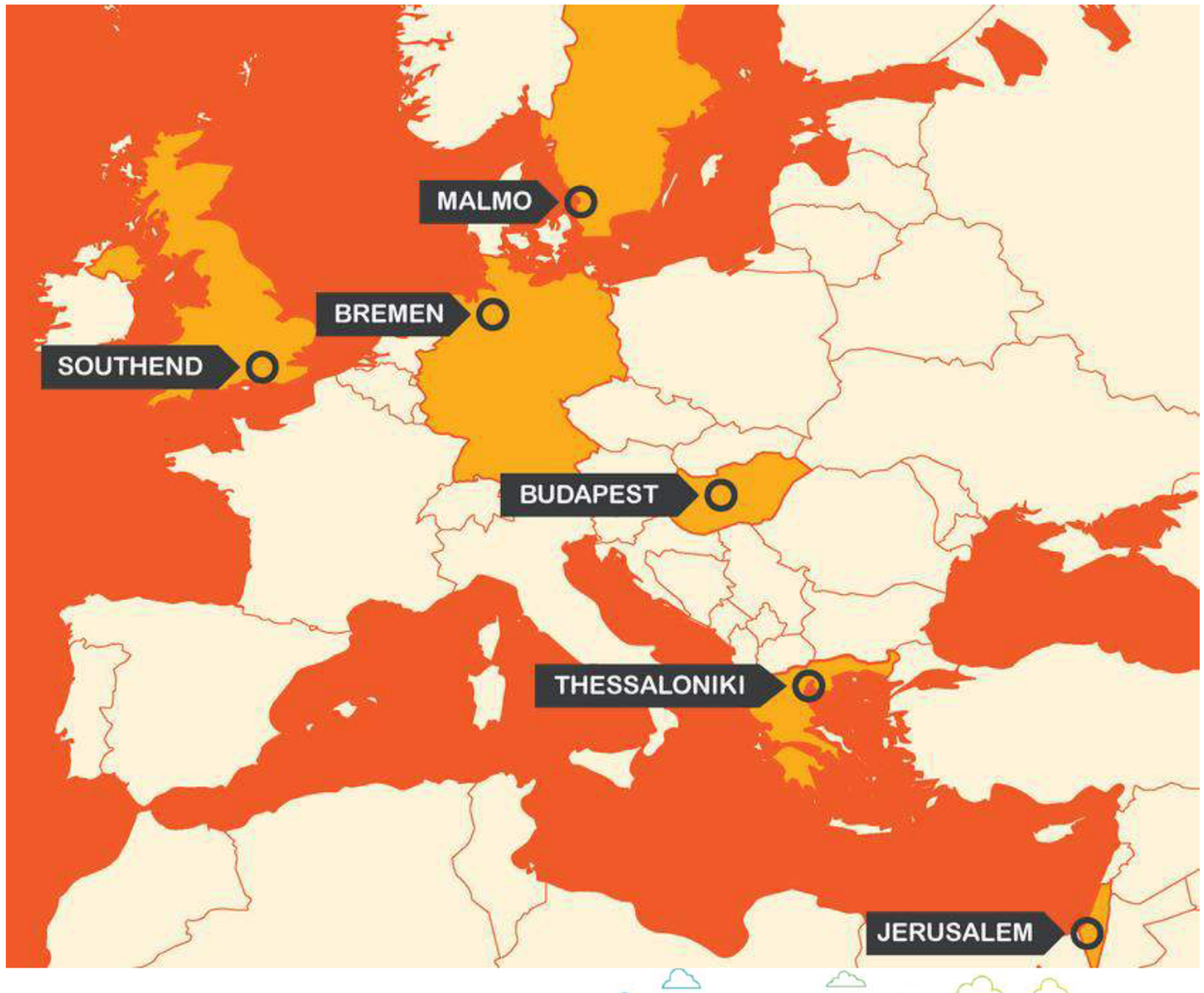
Budapest (HU),

Jerusalem (IL),

Malmö (SE),

Southend-on-Sea (UK) and

Thessaloniki (GR).



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(Image Sourcehttps://abeon-hosting.com/neighborhood-png.html/)

Who is this course for?

This interactive, self-paced e-course is designed for practitioners in city administrations, for community leaders, civic actors and anyone who wants to initiate, coordinate and/or support a co-creative process in one of their neighbourhoods for the sake of a more sustainable mobility system.



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(Image Source: http://www.pngmart.com/image/123832)

Course aims

At the end of this course, you will:

- ✓understand the idea behind SUNRISE and how your neighbourhood can benefit from it;
- ✓have an overview of the SUNRISE co-creation approach and create your own locally specific co-creation action plan;
- ✓have learnt about co-creation examples from European cities (and beyond), the challenges they faced and how they resolved them
- ✓have some inspiration for possibile co-creation actions in your own neighbourhood;
- ✓have started to develop a network of colleagues across Europe to discuss your developments, ideas and challenges with.

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Unit 1: Getting started

Module 1.2 Getting the most out of this course

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(Sourcehttps://www.eltis.org/resources/photos/3rd-european-conference-sustainable-urban-mobility-plans-262)

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Course duration and format

Duration

This course runs *from Monday, 2 September 2019 to Monday, 30 Septmber 2019* and consists of seven units. Within these four weeks, you don't need to be online at a particular time or on a particular day. You can fit the course into your time schedule as it works best for you.

Format

Each unit provides information, ideas, examples, links and images about the SUNRISE co-creation approach, ideas and philosophy. We will also explain how these can be translated to other contexts.

We can not, however, do the translation to your specific local context for you – you will have to do this yourself because only you know your local context. Therefore, we will suggest you do a small "translation" task at the end of each unit.

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Moderation and participation

Moderation

This course is moderated by experts from the SUNRISE project team. During the duration of the course, they will visit the course platform on a regular basis to read your responses to the homework tasks and interact with participants – asking and answering questions and encouraging exchange.

Participation

We suggest you do 1-2 units per week as they appear (Do not squeeze all 7 units into the last week). This will give you the opportunity to reflect upon the homework tasks and to exchange with and learn from your fellow participants.

One of our goals is to help you develop networks with colleagues from across Europe who are also working to make European cities more liveable and people-friendly. Our experience has shown that this exchange can be really valuable – and it’s energizing to be in touch with others who do similar work.

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The discussion forum

The discussion forum (in the top right corner of the screen) is where you can share information with the course moderator and your fellow participants.

You will also be asked to post your homework tasks to the discussion forum.

We use this open format so that you can learn from one another as well as from the course content. This is also a way for you to develop networks with like-minded professionals who can support you in your work in the future.

For example, in a previous course, one participant invited another to speak at a workshop in her city. Be open to all possibilities!







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A note on language

As you can see, this course is in English. Please don’t be concerned if you don’t think your English is very good. Nobody will judge your spelling or grammar. The most important thing is sharing your ideas and experience.

Feel free to use a translation tool if that makes it easier for you. You may also share interesting documents, links or articles in your own language with the rest of the group. Translation tools can allow us to get the main ideas. In this way, you can be the key to information that others would otherwise never know about.



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Unit 1 task

Let’s introduce ourselves and set the context for the cities we’ll be working with for the rest of this course. Please answer the following questions:

1. Where do you work and what do you do there?
2. What is the population of your city?
3. What is the mobility situation like in your city? Are there any differences between neighbourhoods in this regard?
4. What is the modal split in your city?
5. What mobility-related policies and plans does your city have in place?

Please post your responses in the discussion forum so your fellow participants know who you are.

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